



**FOUNDATION COURSE – BATCH 2021-2022**

CODE	DAY	08:00AM-09:30AM	09:30AM-10:30AM	10:30AM-11:30AM	11:30AM-12:30PM	12:30PM-01:30PM	01:30PM-02:30PM	02:30PM-04:00PM	04:00PM-05:00PM
F C 1.5	DAY-1	Registration, Welcome address by Dean, Vice Principal and Medical superintend. Introduction, vision, mission of the institution.		A batch 50 (students)		L	A batch (50 students)		
				B batch (50 students)			B batch (50 students)		
				C batch (50 students)			C batch (50 students)		
				-college tour			-college tour		
FC 1.2, 1.7,1.4	DAY-2	Roles of an Indian Medical Graduate (IMG)		Overview of current MBBS curriculum (CBME),Orientation of the students to curriculum description and Examinations		U	Orientation of the students to rules and regulations of the institution, university rules	Sports (1-75)/Yoga (76-150)	
FC1.1	DAY-3	Medical profession and Doctors role in the society :Expectations of- society from Doctors, Patients from doctors		A batch 50 (students) B batch (50 students) C batch (50 students) hospital tour			A batch (50 students) B batch (50 students) C batch (50 students) hospital tour		
FC 1.10, 5.5	DAY-4	History of Medicine		Evidence based medicine	Alternative systems of medicine in India		Accessing online resources performing a literature search		
FC 1.3,1.8	DAY-5	History of outbreaks, Epidemics & Pandemics		Extracurricular activity - YOGA			N	Expectation of the students from the nation, society, institution, peers, colleagues and patients.	Sports (76-150)/Yoga (1-75)
FC 1.9	DAY-6	Principles of family practice and holistic care				Yoga (1-75)/Sports (76-150)			
FC 2.9, 5.5	DAY-7	Documentation							
		Introduction of documentation in patient care	Methods of documentation & understand its significance in patient	Consequence of appropriate & inappropriate documentation on patient & employment safety	Patient record - Right & wrong with check list compare				
FC 2.1, 2.2, 2.3, 2.4, 2.5, 2.6	DAY-8	A batch (50 students) - Basic life support							
		Introduction to basic life support, its importance and need (L)	Demonstrate C-A-B algorithm followed - hands on practice	Demonstrate recognition of cardiac & respiratory arrest followed -hands on training	Demonstrate pulse check, chest compression for both adults & children (including infants) - hands on training				
		B batch (50 students)-First aid training							
		Introduction to several life threatening emergencies (L)	Initial videos to demonstrate various scenario in first aid basics	Medical emergencies breathing problems, choking, Allergic reactions -(Hands on training)	Injury emergencies and environmental emergencies - (Hands on training)				
		C batch (50 students) -Universal precautions							
		Pre evaluation	Definition of universal precautions, hand washing, personal protective equipment	Hand washing & blood spill management, Needle stick injuries (NACO Guidelines) PPE					
F C 2.1, 2.2, 2.3,2.4 2.5,2.6	DAY-9	B batch (50 students) - Basic Life Support C batch (50 students) - First aid training A batch (50 students)- Universal precautions							
		Batch (50 students) - Basic Life Support			Sports(76- 150)/ Yoga (1-75)				
FC 2.1,2.2 2.3,2.4 2.5,2.6	DAY-10	C batch (50 students) - Basic Life Support A batch (50 students) - First aid training B batch (50 students) - Universal precautions							
		C batch (50 students) -Basic Life Support A batch (50 students) - First aid training B batch (50 students) - Universal precautions			Yoga (1-75)/ sports (76-150)				
FC 2.8 &5.4	DAY-11	Immunization - Vaccine preventive diseases, Importance of vaccine, preparation, transport & storage (Hepatitis B, chicken pox) - pediatrics							
		Occupational exposure in health works (L)	Method of protection and prevention of disease	Vaccination for health care workers	Vaccine schedules: Name, Route of administration dosage site				
FC 2.7	DAY-12	Biomedical waste - Types of waste in health care, segregation & disposal of waste according to the guidelines, inspection by the students to all wards - Biochemistry							
		Pre evaluation (L)	Biomedical waste theory (L)	Send them with check list to different wards. Split them into 15 groups (10 students each group)					
							K		
							Discussion & Post evaluation		

FC 3.2, 3.3, 3.4, 3.5, 3.6	DAY-13	Community Medicine - Roles and importance	Health care system in India, Health center visit, Structure Functioning Patient and family interactions Principles of community health			Reflection regarding visits and interactions	National health Priorities ,Health care system and its delivery	
FC 3.1, & FC 4.1.1, 4.1.2 &5.2	DAY-14	National Health Goals and Policies	Concept of Professionalism & ethics (L)	Consequences of unprofessional behavior		L	Local language in patient and peer interactions - Tamil	
FC 4.3.1, 4.3.2 & 4.4.1, 4.5.6	DAY-15	Altruism as a virtue of Physician	Functioning as part of health care team				U	Group presentation & discussion
FC 4.5.1, 4.5.2, 4.5.3, 4.5.4 4.5.8& 5.3	DAY-16	Rights of persons with disabilities & compare & contrast medical and social model of responsibility	Build an understanding on the disability etiquettes & awareness of disabilities included in Rights of persons with Disabilities Act			N	Disability competencies- leader (SDL)	Ability to communicate and learn in English
FC 4.5.5, 4.5.6 4.5.7, 4.6 & 5.4	DAY-17	verbal & non-verbal empathetic communication techniques with the disabled person & nondiscriminatory behavior towards disabled patients & caregivers	Understanding of accessible healthcare setting for patients with disabilities including universal design			C	Components of cultural competence (L)	Computer skill
FC 4.7 4.10 & 4.11	DAY-18	Stress Management	Importance of interpersonal relationship & Role of mentoring			H	Yoga (1-75)Sports (76-150)	Sports (1-75) Yoga (75-150)
FC 4.9.1, 4.9.2, 4.9.3 4.9.4& 4.13, 4.14	DAY-19	Importance of time management	Prioritization, distraction & interaction	Pedagogy,		B	Yoga (1-75)Sports (76-150)	Sports (1-75) Yoga (75-150)
FC 4.12, 4.15,5.3	DAY-20	Group learning & group dynamics		Collaborative learning		R	Ability to communicate and learn in English	
FC 5.1 & 5.2	DAY-21	Relating to patients experience on disease, communication with patients and families	Computer skill			E	Local language in patient and peer interactions-Tamil	
FC 5.4 & 5.2	DAY-22	Computer skill			Local language in patient and peer interactions-Tamil		Local language in patient and peer interactions-Tamil	
FC 5.4	DAY-23	Computer basics & its importance theory (L)	Word - demo followed by hands on training	PPT - demo followed by hands on training	Excel-demo followed by hands on training	A	Collection of feedback from students	Sports (76-150)/ Yoga (1-75)
FC 5.2	DAY-24	implication of innovative method to inculcate the importance of cadaver dissection and handling of biological tissue as a part of			K	White coat ceremony		

ORIENTATION MODULE
SKILLS MODULE

COMMUNITY ORIENTATION MODULE
PROFESSIONAL DEVELOPMENT & ETHICS MODULE

ENHANCEMENT OF LANGUAGE & COMPUTER SKILLS MODULE
SPORTS AND EXTRACURRICULAR ACTIVITY

PANDEMIC MODULE
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